

2017 SPRING AAU DEVELOPMENTAL LEAGUE



www.mpcourts.com

February 2017

Boys & Girls Grades 4th-9th

- AAU has become very competitive. Every year we see the level of talent increase greatly within our own AAU teams. With this increase in talent, late developing players and newcomers to the game of basketball get left behind with nowhere to play and learn in the process. This program is designed for players who are preparing to play basketball at a very high level. AAU Developmental provides proper instruction and teaches the proper fundamentals. Its purpose is to teach important TEAM offensive and defensive concepts. Skill work, fundamental development, and team building concepts will be taught weekly during the Wednesday night practice sessions. The athletes will start to implement these lessons learned during weekly gameplay which will take place on Sunday nights. Each participant will play in one AAU tournament at Mass Premier Courts at the end of the program in June!
- This program is created for the player who didn't quite make that Gold or Blue AAU team. This program is created for the player who can't commit to the demanding AAU spring schedule due to other activities or sporting events going on. AAU Developmental will teach you many of the same fundamental skills and team concepts that any AAU team would!

Dates: Weekly **GAMES** take place on Sunday nights, starting 4/9. Games will be played against players within the AAU Developmental League at MPC. (4/9 will be half practice/half game.)
4th-6th Graders play from 6-7:30pm **7th-9th Graders play from 7:30-9pm**

Weekly **PRACTICES** take place on Wednesday nights - starting April 5th and running until June 14th.
4th-6th Graders practice from 6-7:30pm **7th-9th Graders practice from 7:30-9pm**

AAU Developmental focuses on the following...

- Individual skill development
- Teaching basketball concepts helping players understand the game at a higher level
- Providing players the opportunity to practice and play at a competitive level that is higher than recreation yet less than AAU
- Weekly games will allow players to implement skills and concepts learned from practice
- Separating games & practices by gender, age and ability.

AAU Developmental participants receive the following...

- Free open gym at Mass Premier Courts (when courts are not being used)
- A reversible uniform (top only)
- Mass Premier Courts will provide counselors and coaches that will effectively run practice and games.

AAU Developmental players will play in Mass Premier Courts Spring Wrap-Up tournament on June 17th and 18th.

- Mike Adams, the Director of Girls Basketball, will form teams and enroll each team into the Spring Wrap-Up tournament.
- MPC staff will coach the teams in the tournament.
- The teams will play against real AAU teams giving them a taste of competitive competition in a real AAU tournament.
- You will not know the team's schedule for that weekend until the Tuesday prior to the tournament.

Cost of program: \$350.00

To register complete the back of this flyer or go online to www.mpcourts.com

Contact: Mike Adams Director of Girls Basketball, at madams@mpcourts.com or 508-543.2626 Ext: 1004