



## **MASS PREMIER COURTS PRESENTS...**

**FREE CLINICS** for your **JR. BALLER!**

**BOYS and GIRLS Grades K-3!**

### ***November 2nd, 10th, 17th- FREE Clinic- Grades K and 1st- 5-6 PM***

Kindergarten and 1st grade players will be taught basic instructions of basketball in a one hour clinic by the MPC coaching staff. Players will learn positioning, basic rules, and be challenged to develop their skills and love for the game in a variety of fun and high energy games and drills! The clinic will include small sided games and competitions to help the boys and girls grasp basic concepts. A junior hoop and junior ball will be used, so that players can learn the correct technique right from the start. All players will be able to possess the basketball, allowing them the amount of touches they need to start experiencing the game of basketball in a real way! This is the **perfect option for your player**, leading them into the Junior Ballers Program which begins in December at MPCourts!

### ***November 2nd, 10th- FREE Clinic- Grades 2 and 3... (2nd gr- 6-7 PM) (3rd gr- 7-8 PM)***

**Skill development** will be a major focus during this clinic. Players will participate in drills, games, and competitions to help them gain an early understanding of how to properly play the game of basketball. The clinic will be **INSTRUCTION** heavy, run by the MPC Coaching Staff, and will include both games and skill drills, as we want players to have **FUN** all the while coming away with knowledge on fundamental skills essential to long term success in the sport. Players will continue to use a junior hoop and junior ball, with the stress on proper technique. Players that are brand new to the sport can expect to learn a great deal about basic rules and positioning and improve their skills. Players with more experience can expect to experience situations that will put their skills to the test and help them grow as players! This is a perfect option to prepare- based on players experience- for either the Junior Ballers program or the Metrowest 2nd and 3rd Grade League!!

### ***November 17th- FREE Clinic- Grades 2 and 3- Time TBA- Based on Town.***

On November 17th, MPC's coaching staff will run a free clinic with a similar format to that of November 2nd and 10th. The times for this clinic will depend on the town the player is from. This will give players an opportunity to go through drills and games with other young players from their respective towns; allowing them to build chemistry with their future town teammates, and learn basketball in a fun and fast paced environment with their friends!

***Players attending these clinics will be MORE prepared to enter one of our two GREAT basketball options this winter.***

\* **Junior Ballers (Grades K-3)** This Saturday Morning clinic is highly instructional, and includes 3 on 3 play on a condensed full court. The focus being to enhance players understanding of basic rules and to give each young "baller" the chance to increase their skills as well as their knowledge of how the game is played! The **3 on 3 format** will give each player a chance to possess the ball and the space they need at this stage in their development to succeed!

\* **2nd and 3rd Grade Metrowest League-** This League is for the more experienced young player. Players in this league have an understanding of basic rules, and will compete in 4 on 4 games across the state of Massachusetts. These teams will either be town teams (i.e Norton, Mansfield) or we will create "Free Agent" teams for players in towns that do not have an organized squad. These "Free Agent" teams will be coached by a member of the MPC Coaching Staff. Teams will have a weekly organized practice, and 4 on 4 games that include certified Massachusetts Basketball Officials.

Any questions about any of these events can be directed to Dan Nagle- Director of Basketball Operations (508-543-2626 EXT 1004- [DNagle@MPCourts.com](mailto:DNagle@MPCourts.com)) or Andrew Carl- Assistant General Manager at Mass Premier Courts. (508-543-2626 EXT 1002- [ACarl@MPCourts.com](mailto:ACarl@MPCourts.com))