

Fall AAU Prep League

Serious Basketball



for Young Players

1.5 Hours of Basketball per Week

45 Minutes of Skills & Drills
More Repetitions
Fast Paced Instruction
Great Player to Coach Ratio

45 Minutes of Competitions
Individual Contests
Competitive Games
2 on 2, 3 on 3, 4 on 4

* No Full Court 5 on 5 Games

100 % Recommend MPC AAU Prep!

“My son has had the good fortune to be able to attend the AAU prep program this year. The staff has done another excellent job.”



Jr. Premier Athlete Training



Premier Athlete Offer:

*Buy 3 months of training and get 50% off the 1st month!!

*Call or Email today to sign up for a **FREE TRIAL!**

508-543-1903

sburnison@premierATHLETETraining.com

*Help pre-adolescents become physically fit and prepare for future athletic events.

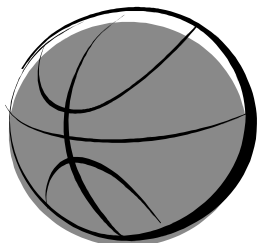
*Athlete is introduced to essential muscular and movement patterns which are key to establishing athletic foundation and preventing injury.

* Each workout includes: One-hour workout that are challenging, fun and a very positive experience.

T-Shirt Included

7 Weeks/ 10 1/2 Hours of Basketball

Free Open Gym Use During the Fall



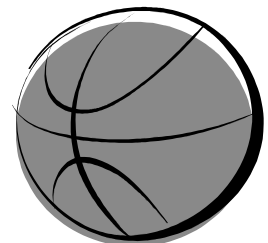
Boys and Girls Ages 6-11
Sept. 20 - Nov. 8 (off Oct. 11th)

Monday Nights

6:00 - 7:30

Cost: \$160

Only \$150 if you register by Sept. 1st



To register complete the back of this sheet or go online to www.mpcourts.com

Contact: Dean O'Connor 508-543-2626 X12 or doconnor@mpcourts.com